



MEDICAL ACCESS

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PREPARATION FOR STRESS TEST/MYOCARDIAL PERFUSION SCAN

1. No caffeine containing drinks or chocolates on the day of test.
2. Nothing to eat for at least 4 hours prior to the schedule time, however please do drink at least 4-5 (8oz) glass of water before your appointment time.
3. No sublingual or oral nitroglycerin preparation on the day of the test.
4. Any erectile dysfunction medicines like Viagra, Levitra, Cialis etc should not be used for 3 (THREE) days prior to and the day of the test.
5. No nicotine patches the night before or the day of the test.
6. No medicine containing Theophylline for at least 3 days prior to and the day of the test.
7. **Please bring insurance cards, a picture ID (PREFERRABLY YOUR DRIVER'S LICENSE)** and list of your medicines with you on the day of the test.
8. Wear comfortable clothing and walking shoes. No one piece dress or full slips.
9. The test is normally three to four hours in duration; please keep your schedule for the day open due to the length of the test.

FOR PATIENTS WHO ARE DIABETIC

Please take your usual dose of insulin/antidiabetic medicine the morning of the test. Eat a light breakfast; for example, a couple of slices of bread or small amount of cereal with milk at least two hours before the test.

If you need to cancel the test, please notify our office no later than 24 hours in advance.

I do understand that Precision Nuclear Diagnostics will be ordering radioactive medicine just for me and if I do not show up I will be charged a \$200.00 fee to cover the cost of the medicine.

Patient name _____ Patient signature _____
Date _____

FOR REFERRING PHYSICIAN USE

Calcium channel blockers to be stopped -----

Beta blockers to be stopped -----

Nitroglycerin preparation to be stopped -----

Angiotensin receptor blockers to be stopped-----

ACE inhibitors to be stopped-----

Theophylline preparation to be stopped-----